Minimizing Back Exchange in the Hydrogen Exchange-Mass Spectrometry Experiment

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Abstract
The addition of mass spectrometry (MS) analysis to the hydrogen exchange (HX) proteolytic fragmentation experiment extends powerful HX methodology to the study of large biologically important proteins. A persistent problem is the degradation of HX information due to back exchange of deuterium label during the fragmentation-separation process needed to prepare samples for MS measurement. This paper reports a systematic analysis of the factors that influence back exchange (solution pH, ionic strength, desolvation temperature, LC column interaction, flow rates, system volume). The many peptides exhibit a range of back exchange due to intrinsic amino acid HX rate differences. Accordingly, large back exchange leads to large variability in D-recovery from one residue to another as well as one peptide to another that cannot be corrected for by reference to any single peptide-level measurement. The usual effort to limit back exchange by limiting LC time provides little gain. Shortening the LC elution gradient by 3-fold only reduced back exchange by ~2%, while sacrificing S/N and peptide count. An unexpected dependence of back exchange on ionic strength as well as pH suggests a strategy in which solution conditions are changed during sample preparation. Higher salt should be used in the first stage of sample preparation (proteolysis and trapping) and lower salt (~20 mM) and pH in the second stage before electrospray injection. Adjustment of these and other factors together with recent advances in peptide fragment detection yields hundreds of peptide fragments with D-label recovery of 90%±5%.

Key words: Amide hydrogen exchange, Hydrogen/deuterium exchange, Back exchange, HXMS, HDX MS, Deuterium recovery, HX MS

Introduction
The naturally occurring exchange of protein amide hydrogens with the hydrogens in water depends on and therefore can provide detailed information about protein structure, biophysical properties, and functional behavior, in principle resolved to the amino acid level. This powerful capability has been very widely exploited in HX NMR studies but routine NMR analysis is limited to relatively small, highly soluble proteins that are available in quantity and labeled with stable isotopes. Hydrogen exchange investigations of larger and biologically more interesting protein systems can be achieved by a proteolytic fragmentation method [1] followed by mass spectrometry analysis [2–5]. In this method, protein samples taken from an H-D exchange experiment are proteolytically fragmented and separated in preparation for MS analysis to determine the quantity and position of carried D-label at a fragment-resolved
level. The comparison of high quality data for many overlapping fragments promises to provide HX information at the amino acid-resolved level [6–8]. This is the capability that has made the HX NMR method so valuable. A problem is that some D-label is variably lost during sample preparation due to back exchange in the H2O solutions used. The different residues in any given peptide fragment unavoidably lose D-label at different rates [9], and this residue-level variability cannot be reconstructed and corrected when one has only fragment-level data. The problem can only be minimized by reducing the level of back exchange.

A related HX MS method uses electron transfer or capture dissociation to produce a series of protein fragments that differ by only one terminal residue [3, 10–20]. Comparison of results for overlapping fragments can then resolve the position and quantity of carried D-label at the individual residue level by simple subtraction. This method can use direct whole molecule sample injection and thus minimizes the sample preparation steps that allow back exchange. However, it seems likely that analysis of large proteins will still rely on submolecular protein fragments prepared as just described. In this case, back exchange will continue to be a problem.

Because back exchange quickly degrades HX MS analysis, it continues to receive a great deal of attention [8, 12, 21–29]. The typical level of D-label recovery reported in the fragment separation literature is about 70 % (30 % back exchange). Higher reported values generally depend on results for only one or a few peptides. However, we find that different peptide fragments experience a wide range of back exchange values. Among other implications, any computational correction for back exchange using reference peptides will be flawed. This is true even for direct measurement of back exchange in the peptide of interest since different amide sites will be labeled in experimental and reference situations. We systematically studied the conditions that determine back exchange, including pH, ionic strength, ion transfer tube temperature, the interaction of peptides with reverse phase columns, and the time consumed at each stage of sample preparation. The optimization of these variables reduces back exchange by a factor of two to three.

**Experimental**

Maltose binding protein from *E. coli* (370 amino acids), was expressed and purified as previously described [30]. For full deuteration, 10 μM MBP was incubated in D2O with 2 M D2O-GdmCl at pH 9 and 45 °C for 30 min and then refolded by dilution into fresh D2O. In D-recovery experiments, the fully deuterated protein sample was diluted into H2O at the quench condition (minimal HX rate as specified below) and injected into the online temperature-controlled system described before [31] to produce, separate, and analyze many peptide fragments. The ExMS program [32] was used to identify each peptide and determine its centroid mass. Subtraction of the centroid mass of the all-H peptide yields the number of deuterons still carried by each peptide. Fractional D-recovery was calculated for each peptide fragment as peptide-bound deuterium recovered divided by the total number of exchangeable amide sites (peptide amino acids minus proline and minus 2 to account for the free N-terminal amino group and the rapidly lost D on the second residue; see main text. It was also assumed that deuterons on exchangeable side chains are lost rapidly during sample preparation, as has been shown in earlier calibrations of structurally unprotected HX rates [9, 33, 34].

Experiments used a ThermoScientific LTQ-Orbitrap XL mass spectrometer in positive ion mode over the m/z window 200–1500. Samples are injected into a home-built system contained in thermoelectrically cooled chamber for online digestion, buffer exchange, and LC separation (see Figure 1 in Mayne et al. [31]). The protein sample (0.3 μM MBP) flows first through an immobilized pepsin column and then directly onto a small C4 trap column, where the injection buffer salts and denaturant are washed away. Isocratic flow proceeds until a volume equivalent to ~1.5 times the initial injection volume has flowed over the column as we find this ensures complete buffer exchange. Peptides are eluted by an acetonitrile gradient through a 0.3 mm×5 cm C18 analytical column, directly to the electrospray source. Additional information pertaining to our online system and instrument parameters can be found in previous work which details our methodology to produce very many overlapping peptides [31]. Chromatographic gradients were shaped to yield roughly equal numbers of peptides per unit time as described in supplemental text (Figure 6 in Online Resource 1). Aqueous running buffers contained 0.1 % formic acid adjusted to the desired pH and ionic strength by the addition of TFA and NH4OH. The organic running buffer contained 0.1 % formic acid in acetonitrile.

**Results and Discussion**

In the typical HX MS fragment separation analysis, an experimental protein is exposed to H-D exchange for a period of time. Each amide hydrogen exchanges at its own rate determined by solvent conditions, its intrinsic chemical rate, and protecting structure, modified by the experimental variable being studied. To measure the extent of D-labeling, protein samples are taken and prepared for MS analysis by quenching into a minimum HX rate condition (low pH and temperature). The protein unfolds but HX is greatly slowed, allowing a short time for sample preparation without excessive loss of D-label. In the present experiments, the protein was proteolytically fragmented (immobilized pepsin column), the peptide fragments were caught on a trap column, washed and buffer exchanged, roughly separated by fast reverse phase chromatography, and then injected by ESI into the spectrometer to determine the mass of each fragment and thus the amount of carried D. These sample preparation steps were performed in an online flow system described before [31].
To study the effect of various preparatory conditions on back exchange, we used maltose binding protein (MBP, 370 residues) that had been fully deuterated by exchange in D$_2$O. We measured the recovery of D-label for each of many MBP peptide fragments after passage through the entire analysis. The difference between the known fully deuterated mass of each peptide and the mass experimentally recovered directly measures back exchange. Although our methods [31] found ~200 MBP fragments (pepsin proteolysis alone), we used for each experimental series only the peptides that were observed in all experiments in order to ensure unbiased comparisons. Identification and analysis of these many peptides used SEQUEST (ThermoScientific Bioworks 3.3.1) and the ExMS program [32].

**pH and Ionic Strength**

Figure 1a shows the expected dependence of HX rate on pH for a hypothetical peptide with all amino acids, calculated from standard reference values [9, 33]. The minimum HX rate is expected to be reached at pH 2.5. Accordingly, the quench and running buffers in fragment-separation experiments have always been prepared near this condition [1]. To test this expectation, we performed a series of D-recovery experiments over a range of experimental pH values (Figure 1b). Single peptide values are often used as a back exchange reference in the literature. In fact, different peptides display a wide range of D-label recoveries. This can be expected since amide HX rate varies with amino acid type and nearest neighbors [9, 33]. Unexpectedly, however, the minimum rate with significantly reduced back exchange was reached at pH 2.25 (Figure 1c).

Testing showed that the shift in the pH of minimum rate depends on ionic strength. When ionic strength is 20 mM or higher, HX rate is a minimum at pH 2.5 and matches expected values (Figure 1d). The earlier HX rate calibrations [9, 33] were done in high salt (0.5 M KCl) purposely to shield against extraneous charge effects. However, MS analysis requires electrospray solutions with low salt where,
we find, the pH of minimum HX rate is significantly shifted. A similar shift was noted before [35]. The amide group acts like it has a small net positive partial charge which, at low ionic shielding, favors the OH\textsuperscript{-} catalyzed reaction and disfavors H\textsubscript{3}O\textsuperscript{+}, shifting the pH-rate curve to the left.

The present results show how these different requirements for minimizing back exchange rate can be satisfied. Experimental HX samples normally contain significant salt and after quench may have added GdmCl (0.5 to 2 M) to promote protein unfolding and improve digestion in the proteolysis step. Therefore, in this first stage of sample preparation, we use quench buffer at pH 2.5. The sample is then caught on a trap column, washed, eluted with an acetonitrile gradient through the LC step, and injected online into the mass spectrometer. These latter steps should use low salt, desirable for ESI MS, and the lower pH. We use wash and elution buffers with 0.1% formic acid adjusted to pH 2.25 with TFA. Solution pH values were measured and adjusted in the pertinent solutions at room temperature and then used at 0 °C.

**Desolvation Temperature**

The details of ion source depend on instrument design. In our spectrometer, after nebulization at the electrospray needle, droplets of solution are pulled by a pressure differential through a heated capillary (~200 °C), which speeds solvent evaporation and ionization. As exchange rates in solution depend sharply on temperature (~3-fold per 10 °C) [9, 33], sample heating in the capillary might greatly promote back exchange.

We measured back exchange as a function of capillary temperature. Cumulative recovery distributions are in Figure 2. The results show a broad maximum in D-recovery when capillary temperature is set between 100 and 200 °C, with declining recovery at higher and lower temperature. We did not observe a difference in recovery between charge states of the same peptide as reported before [29], apparently due to instrumental differences. Results for given peptides with different charge state agreed in these and our other experiments to <0.1 D.

Interestingly, the 75 °C data shows distinctly reduced recovery. Less efficient evaporation at 75 °C could lead to increased time at temperature above 0 °C in the liquid phase before solvent evaporation, leading to increased back exchange. Given these results, we adopted a capillary temperature setting of 100 °C.

**Time on the LC Column**

To study the HX behavior of peptides bound to the C18 media of reverse phase columns, we compared HX rates of column-bound peptides with rates expected from earlier calibrations in free solution. Fully deuterated MBP samples were placed into quench conditions in H\textsubscript{2}O, injected into the online flow system, digested, and washed onto the trap column (5 min elapsed time). Peptides were held on the column for an additional experimental delay time between 0 and 45 min, then eluted from the trap column, through the analytical LC column, and into the mass spectrometer (3 to 18 min additional time).

Figure 3 shows cumulative recovery distributions across the time series, and compares these results with the expected time-dependent loss of D-label in free solution, calculated by summing for each peptide’s individual amides. We assumed that D-label on side chains [9] and the N-terminal amino group is lost too rapidly to measure (expected rate >10 s\textsuperscript{-1}), and similarly for the amide on the second residue. The accelerated rate for the second residue is due to the absence of an amide group on the prior residue (10-fold in rate), and it is promoted by another 10-fold by the fixed positive charge on the neighboring N-terminal amino group, especially at the low salt concentration used here. This effect is contained in the older literature on HX of peptide models (see Table 1 in Molday et al. [34]), and has been directly measured more recently [36].

A comparison between observed and expected D-recovery from the 20 min delay experiment is shown for the whole peptide population in Figure 3b and for a number of individual peptides across the delay series in Figure 3c–e. During the sample preparation time, including proteolysis and column interaction, most of the peptides exchange as expected. A few are much slower. Large retardation with HX slowing up to 20-fold while bound to the column matrix was seen for 11 overlapping peptides between the C-terminal residues 340 to 370. Figure 3d shows these and two shorter component peptides, which exchange as expected. Interestingly, in native MBP this segment adopts a helix-turn-helix motif and docks with a hydrophobic interface on the C-domain (see Figure 7 in Online Resource 1). Evidently, this peptide and some subfragments are induced to form mildly stable H-bonded structure, perhaps...
aided by hydrophobic interaction with the hydrocarbon chains of the reverse phase column. The slowing factor decreases systematically as either (helix) segment is cut back. Similar but more modest slowing, up to 4-fold, was seen for sets of peptides derived from several other protein segments (116–149, 169–194, 283–301, 312–330), apparently due to tentative helix formation. The tendency of an apolar environment to promote helix formation is well known; unsatisfied H-bonding is energetically expensive.

Some peptides show a small but noticeable negative offset between the expected and observed number of D atoms at the earliest time point, indicating additional D-loss. This included all of the 15 peptides that contain one of the three MBP histidine residues, suggesting some (acid) catalysis of nearby residues by the imidazolium side chain. However, we have not seen indications of this phenomenon with histidine-containing peptides in some other proteins.

**Sample Preparation Time**

Most previous attempts to minimize back exchange focus on minimizing the time that samples spend on the reverse phase column, with modest improvement. We find that time reduction accomplished by shortening the acetonitrile elution gradient (15, 10, or 5 min) produces surprisingly small gains (Figure 4). The reason appears to be that early eluting peptides experience almost no time reduction whereas later eluting peptides tend to have a slower intrinsic HX rate [9] (more large

![Figure 3. Exchange on the column.](image-url)

(a) Observed D-recovery for all peptides across the delay time series. The inset places the variable delay time during sample preparation. (b) Recovery for the various peptides after a 20 min delay on the trap column. (c–e) Observed (data points) and theoretical (dashed lines) D-label recovery. (c) Some peptides with normal recovery. (d) A peptide with large slowing on the column due to structure formation and two component peptides with normal recovery. (e) Some histidine-containing peptides with accelerated early loss.

![Figure 4. Minimizing preparation time by increasing flow rates](image-url)
between 10 and 20 min. In these experiments, total back exchange time varied. In fact, the reduction of column retention time proved counter-productive. In order to obtain ultimate HX resolution at the amino acid level, it will be necessary to obtain a large number of sequentially overlapping peptides and multiple residue coverage. Chromatographic crowding became a problem in the 5 min gradient resulting in 40 % fewer useful peptides. Gradient shaping used to equalize peptide density through the chromatogram reduces but does not overcome this problem (described in supplemental text and Figure 6 in Online Resource 1). In addition, peak sharpening may reduce the number of MS scans per peptide and therefore S/N.

We more broadly reduced the time required to navigate the free volume in our flow system by increasing overall system flow rates. An increase in flow rates (300 μL/min during digestion, 450 μL/min for buffer exchange, 10 μL/min during peptide elution) reduced overall sample preparation time by 4.3 min. These flow rates maintained pressures below 2000 psi as recommended for POROS media (protease column). The increased D-recovery illustrated in Figure 4 is consistent with the expected back exchange loss rate of about 1 % to 2 % per min on average of carried D-label at the pH minimum and 0 °C [9].

**Other Considerations**

Are these results for maltose binding protein results typical for proteins in general? Each test shown here used ~90 peptides, and they vary over a wide range in size, amino acid content, hydrophobicity, etc. It seems unlikely that sets of peptides from other proteins will behave differently. In agreement, we have now used our previous sample processing conditions and the improved conditions described in ongoing experiments with other proteins (cytochrome c, staphylococcal nuclease, ribonuclease H, apolipoprotein A-I, Hsp104). The gain in D-recovery was comparable in all cases.

When is back exchange important? For HX MS experiments in which one attempts to define epitopic or ligand binding sites, one may be satisfied with crude peptide-level changes. These are less dependent on back exchange. Back exchange becomes most important when reaching for the amino acid level of resolution that has made the HX NMR experiment so powerful for protein studies. Recent progress using ECD and ETD to strive for site resolution minimizes the back exchange problem. In this case, the whole protein can be injected directly into the mass spectrometer, avoiding the fragment separation analysis. However, a major advantage of the fragment separation analysis is the ability to study much larger and biologically more important proteins than HX NMR can accomplish. This goal probably exceeds the capability of direct ECD/ETD methods. In order to study large proteins by these methods, it seems likely that the fragment separation approach will be required as an initial step, resurrecting the back exchange problem.

The ability of the HX MS method to achieve high structural resolution depends on obtaining high quality data for many overlapping peptide fragments. We previously described methods for obtaining [31] and efficiently analyzing [32] hundreds of useful protein fragments with data accuracy to ~0.1 D. The present work shows that attention to the various factors that determine back exchange can increase D-recovery into the range 75 % to 95 %, as summarized in Figure 5. These capabilities taken together give the investigator freedom to choose among different options. For example, if the effort to reach single amino acid resolution requires exceptionally low back exchange, the sacrifice of the lower half of the peptide population shown in Figure 5 would still retain a very large number of peptides with high data quality (i.e., with D-recovery in the range of 90 %±5 %).

**Conclusions**

A systematic study of the factors that influence back exchange in the typical HX MS setup reveals a number of surprises and shows how the back exchange problem can be minimized. We find that different peptides exhibit a range of back exchange levels. Among other implications, this situation negates the use of any one or a small number of peptides as a reference marker for the degree of back exchange or its correction by computation. This must be done peptide by peptide and even then is imperfect, since
different amide sites will be detected in experimental and reference situations.

Results show that there is no single best back exchange condition; it varies with ionic strength. The first stage of sample preparation, involving proteolysis and sample trapping, is best performed at pH 2.5 and 0 °C in high ionic strength, often with substantial GdnCl. The trapped peptides should then be washed and passed through the analytical HPLC column in pH 2.25 solution at low ionic strength. The common approach of trying to limit chromatographic time (reduced column size, shorter elution gradient) yields limited gains and is potentially counter-productive in respect to the yield of useful peptides. Sample exposure time can be more simply minimized by using high flow rates to rapidly clear system free volume. Putting aside the previously unexpected ionic strength effect, the loss of D-label through the sample preparation process cleanly as predicted from previous amide HX rate calibrations [9, 33], although peptide–column interaction can have some unexpected effects such as structure formation. The combination of previously described methods for producing [31] and analyzing [32] many peptide fragments together with the ability to largely negate deleterious back exchange moves toward the goal of obtaining ultimate amino acid structural resolution for HX MS analysis.

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